

GDC MEMORIAL COLLEGE BAHAL
(NAAC ACCREDITED "B" GRADE)

No GDCMC/RO/ 2025/ 15730

13.02.2025

NOTICE

All Students are hereby informed that GDC Memorial College is going to organize "**2nd Athletic Meet 2024-25**" (Extramural) on **Thursday i.e 27.02.2025** at Helipad ground near swimming pool. The detail of events are given below -

S.No.	Name of Event	Category
For Students		
1	100 Mtrs Race	Men / Women / Staff
2	200 Mtrs Race	Men / Women
3	400 Mtrs Race	Men / Women
4	1500 Mtrs Race	Men / Women
5	4X100m relay	Men / Women
6	4X400m relay	Men / Women
7	Long Jump	Men / Women
8	Shot put	Men / Women / Staff
9	Tug of war	Men / Women
For Staff Members		
1.	Tug of war	Staff (M/F)
2	100m (Race)	Staff (M/F)
3	Musical Chair	Staff (M/F)

Interested students may give their name to Shri Madan Mohan Yadav, A.P. of Phy Edu. for the above mentioned events on or before **22.02.2025** positively.

Instructions

- One student can participate in a maximum of three events (two individual events & one relay event).
- Only one team will be allowed from each class to participate in the relay events.
- Athletes will be allowed to participate with proper sports uniform.
- Wearing casual dress during the competition will not be allowed
- For the entire throw and jumps event, only 3 trials will be allowed.
- For any other queries please contact Department of Physical Education & Sports.



Dr. S. K. Sinha
Principal